



ERA UNIVERSITY
ERA'S INSTITUTE OF ALLIED HEALTH SCIENCE & RESEARCH
TIME TABLE (DIPLOMA 1st Year - BATCH (2023 – 24))
DEPARTMENT OF OPTOMETRY

DAYS	9 AM – 10AM	10 AM 11 AM	11 AM- 12 PM	12 PM - 1 PM	1 - 2 PM	2 PM - 3 PM	3 PM - 4 PM	4 PM - 5 PM	
Monday 13/05/2024	<u>ANATOMY (L)</u> & VALUE ADDED /SKILL TRAINING		<u>ANATOMY (P)</u> & VALUE ADDED /SKILL TRAINING		L U N C H	OPD		-	
Tuesday 14/05/2024	<u>ANATOMY (L)</u> MENINGES OF BRAIN & DURAL FOLDS DR MONIKA SINGH	<u>PHYSIOLOGY (L)</u> REVISION INTRODUCTION OF SALIVA & LIVER MS. UZMA	Library	Optics (L) Vergence of light Namrata Mam				COMPUTER APPLICATION LAB OPTO DR MOHD ISLAM	
Wednesday 15/05/2024	<u>ANATOMY (L)</u> REVISION ANATOMY OF SKIN MS AKANKSHA SINGH	<u>MICROBIOLOGY (L)</u> PREVENTION OF INFECTION (SHARP HANDING & SPILL MGT.) DR SANA/DR.POOJA	Library	Clinical Optometry Gupta Sir					
Thursday 16/05/2024	Role play Mr. Jamshed Ali	<u>SEMINAR</u> STUDENT PRESENTATION MS AIMON	<u>NUTRITION(L)</u> Water, RDA, function, sources, Deficiency and excess MRS NIGAR SAYIDA NAQVI	Optics (L) Spherical equivalent Salal Sir				-	
Friday 17/05/2024	<u>ANATOMY (L)</u> SPINAL CORD DR GEETANALI SRIVASTAVA	<u>ENGLISH(L)</u> DELIVERING PRESENTATIONS MS VISHAKHA MANHOTRA	Optics (L) Retinoscopy Vishwadeep Sir	<u>PROJECT/ASSIGNMENT</u> MS. KANEZ & MS. UZMA				-	
Saturday 18/05/2024	Ocular Anatomy Anterior Chamber Ramlah Akhtar	<u>PHARMACOLOGY (L)</u> TETRACYCLINES DR AFZAL NOOR	Ocular Anatomy Revision Ramlah Akhtar	Ocular Physiology Revision Ramlah Akhtar				SDL/LIBRARY	-


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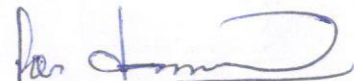

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DATE- 17.06.2024

DAYS	9 AM - 10AM	10 AM 11 AM	11 AM- 12 PM	12 PM - 1 PM	1 - 2 PM	2 PM - 3 PM	3 PM - 4 PM	4 PM - 5 PM
Monday 17/06/2024	SUMMER VACATION					L U N C H	SUMMER VACATION	
Tuesday 18/06/2024								
Wednesday 19/06/2024								
Thursday 20/06/2024	Role play Mr. S. K. Gupta	<u>SEMINAR</u> STUDENT PRESENTATION MS AIMON	Ocular Anatomy Anterior Chamber Revision Ramlah Akhtar	Optics (L) Spherical equivalent Revision Salal Sir			OPD	-
Friday 21/06/2024	FIRST AID MANAGEMENT (L) WOUND CLEANING & STERILIZATION MS KANEEZ	ENGLISH(L) MS. VISHAKHA MANHOTRA	Optics (L) Retinoscopy Vishwadeep Sir	<u>PROJECT/ASSIGNMENT</u> MS. KANEEZ & MS. UZMA			OPD	-
Saturday 22/06/2024	Ocular Anatomy Rvision Ramlah Akhtar	<u>PHARMACOLOGY (L)</u> HIV & ANTI-RETRO VIRAL DRUGS DR AFZAL NOOR	Ocular Anatomy Revision Ramlah Akhtar	Ocular Anatomy Revision Ramlah Akhtar			SDL/LIBRARY	-



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Monday 01/07/2024	ANATOMY (L) & VALUE ADDED /SKILL TRAINING		ANATOMY (P) & VALUE ADDED /SKILL TRAINING		L U N C H	OPD		
Tuesday 02/07/2024	ANATOMY (L) BRAINSTEM DR DIKSHA SINGH	PHYSIOLOGY (L) REVISION DIGESTION OF CARBOHYDRATE , PROTEIN AND FAT & ABSORPTION MS. UZMA	LIBRARY	OPTICS (L) OPTICAL ABERRATION MRS. NAMRATA SRIVASTAVA				COMPUTER APPLICATION LAB OPTO DR MOHD ISLAM
Wednesday 03/07/2024	ANATOMY (L) REVISION TRACHEA & ESOPHAGUS MS AKANKSHA SINGH	PROJECT/ASSIGNMENT MS KANEZ & MS. HADEESA	CLINICAL OPTOMETRY MR. JAMSHED ALI					
Thursday 04/07/2024	ROLE PLAY MR. SUNIL KUMAR GUPTA	SEMINAR Student Presentation MS AIMON	NUTRITION(L) Ditary fibre , RDA, function, sources, Def ciency and excess MRS NIGAR SAYIDA NAQVI	OPTICS (L) ACCOMMODATION MR. SALAL KHAN				
Friday 05/07/2024	ANATOMY (L) CEREBELLUM DR MONIKA SINGH	ENGLISH(L) DELIVERING PRESENTATIONS MS. VISHAKHA MANHOTR	LIBRARY	OPTICS (L) RETINOSCOPY MR. SALAL KHAN				
Saturday 06/07/2024	OCULAR ANATOMY RETINA MS.RAMLAH AKHTAR	PHARMACOLOGY (L) DRUGS FOR LEPROSY DR AFZAL NOOR	OCULAR ANATOMY REVISION MR. SUNIL KUMAR GUPTA	OCULAR PHYSIOLOGY REVISION MS. RAMLAH AKHTAR				SDI/LIBRARY


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DAYS	9 AM – 10AM	10 AM 11 AM	11 AM- 12 PM	12 PM - 1 PM	1 - 2 PM	2 PM - 3 PM	3 PM - 4 PM			
MON 15-07-2024	PHYSIOLOGY REVISION Digestion- Mouth & salivary Glands, regulation & secretion of gastric juice on MS SEERAT	SKILL BASE PRACTICAL Foreign body assessment identification removal & Management MS. KANEEZ ZEHRA	<u>ANATOMY (L)</u> Thorax- Thoracic Cage and Mediastinum Heart with its Internal & External fearture Blood Vessel MS HADEESA	Library	L U N C H	OPD	OPD			
Tues 16-07-2024	<u>ANATOMY (L)</u> Connective tissue Dr HUMA KAUSER	<u>ANATOMY (L)</u> REVISION Hommones - Pituitary, Thyroid & Parathyroid gland- Function & Ab normalities MS.AKANKSHA	Library	Clinical Optometry Mr. Jamshed Ali						
WED 17-07-2024	HOLIDAY (10 MUHARRAM -DAY OF ASHOORAH)							N	HOLIDAY (10 MUHARRAM -DAY OF ASHOORAH)	
WED 18-07-2024	Role play Mr. Vishwdeep Mishra	<u>SEMINAR</u> Student Presentation MS UZMA UMAR	Ocular Anatomy Revision Ramlah Akhtar	Ocular Physiology Revision Salal Sir				C	OPD	
THURS 19-07-2024	<u>ANATOMY (L)</u> Gross anatomy of GIT with diagrams DR DIVYA SINGH	<u>ENGLISH(L)</u> ASSIGNMENT MS. VISHAKHA MANHOTRA	Library	Optics Revision Mr. Vishwdeep Mishra				H	OPD	
FRI 20-07-2024	Ocular Anatomy Revision Ramlah Akhtar	<u>PHARMACOLOGY (L)</u> Antifungal Drugs DR Medha Singh	Ocular Anatomy Revision Mrs. Namrata Srivastav	Ocular Anatomy Revision Ramlah Akhtar					SDL/LIBRARY	


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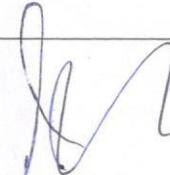
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MON 19-08-2024	BASIC ANATOMY (L) REVISION MS UZMA	SKILL BASED PRACTICAL MANAGEMENT OF SHOULDER & ELBOW FRACTURE- SITE ,IDENTIFICATION,ASSESSMENT & MANAGEMENT MS AIMON , MS SEERAT, MS HADEESA		Library	L U N C H	OPD				
TUE 20-08-2024	BASIC ANATOMY (L) REVISION BLOOD GROUP -ABO SYSTEM RH SYSTEM MS. HADEESA	SKILL BASED PRACTICAL MANAGEMENT OF FOREARM & WRIST FRACTURE- SITE ,IDENTIFICATION,ASSESSMENT & MANAGEMENT MS AIMON , MS SEERAT, MS UZMA		Library						
WED 21-08-2024	BASIC ANATOMY (L) REVISION VERTEBRAL COLUMN MS. SEERAT JAN	PHYSIOLOGY (L) REVISION CLONUS,TETANUS TYPES OF SENSATION, NEURON MS. SEERAT	Clinical Optometry Mr. Salal Khan	Clinical Optometry Mr. Jamshed Ali						
THURS 22-08-2024	SECOND CONTINUOUS ASSESSMENT THOERY EXAMINATION							C	SECOND CONTINUOUS ASSESSMENT THOERY EXAMINATION	
FRI 23-08-2024										
SAT 24-08-2024	Ocular Anatomy Revision Ms. Ramlah Akhtar	BASIC PHYSIOLOGY (L) REVISION GENERATION ACTION OF POTENTIAL NERVE IMPULSE,NMJ MS HADEESA	Optics Revision Mrs. Namrata Srivastav	Ocular Anatomy Revision Ms. Ramlah Akhtar				H	SDL/LIBRARY	



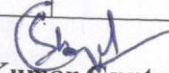
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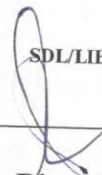


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MON 26-08-2024	CHEHLLUM(HOLIDAY)					L U N C H	CHEHLLUM(HOLIDAY)
TUE 27-08-2024	JANMASHTAMI(HOLIDAY)						JANMASHTAMI(HOLIDAY)
WED 28-08-2024	SECOND CONTINUOUS ASSESSMENT PRACTICAL EXAMINATION						OPD
THURS 29-08-2024	BASIC ANATOMY (L) REVISION ORAL & NASAL CAVITY,PHARYNX LARYNX,SAGITTAL SECTION OF HEAD MS. HADEESA	SKILL BASED PRACTICAL MANAGEMENT OF BURN-SITE IDENTIFICATION ,ASSESSMENT DEGREE & DEPTH OF BURN, MANAGEMENT OF MINOR & SERVERE BURN, CRITERIA FOR ADMISSION & REFERRAL OF BURN CASES MS AIMON, MS SEERAT, MS UZMA		Library			
FRI 30-08-2024	BASIC ANATOMY (L) REVISION ABDNORMAL VISCERA, VISCERA OF PELVIS AND BLODD VESSEL MS. UZMA	BASIC PHYSIOLOGY(I) REVISION GROSS & MINTUE STRUCTURE OF KIDNEY, RENEL CIRCULATION, FORMATION OF URINE, GFR AND TUBUALTION MS AKAKSHA SINGH/ MS SEERAT	Clinical Optometry Mr. Jamshed Ali	Library			
SAT 31-08-2024	Ocular Anatomy Revision Ms Ramlah Akhtar	BASIC PHYSIOLOGY(I) REVISION EAR AND VESTIBULAR APPARATUS TASE OFLATION MS HADEESA BASHIR	Ocular Anatomy Revision Mrs. Namrata Srivastav	Ocular Anatomy Revision Ms Ramlah Akhtar	SDL/LIBRARY		


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